

# Gameshow workshop information

Gameshow offers two participatory workshops to be booked alongside a performance of *Dancing Bear, Dancing Bear*:

## ***What Makes A Man? An exploration of gender and identity.***

Aims:

- Give participants an insight to the ideas about masculinity explored in the show
- Enable participants to use creativity to challenge assumptions about men and women
- Use imaginative exercises to explore participants' experiences of gender and identity

## ***Dancing in the moment - Improvisation and movement.***

Aims:

- Introduce participants to improvisation/movement techniques used to create the show
- Build participants' trust and self-confidence
- Demystify dance and physical theatre by being playful and having fun

**Bespoke workshops** are also available to meet the requirements of each group.

**All workshops:**

**Duration:** 90mins

**Participants:** 5-30

**Venue:** large room or hall

**Technical requirements:** mains electricity

**Cost:** from £150





All workshops are suitable for participants of any gender, age and ability. They are led by Gameshow directors Matt Ryan and Matthew Evans, who have a breadth of experience working with students and non-professionals in a wide range of contexts.

Previous workshop/education experience includes work at artsdepot, National Theatre, Northern Stage, Oxford University, Peckham Shed, Rose Theatre Kingston, Stephen Joseph Theatre, St Mary's University, Sylvia Young Theatre School, Theatre Royal Plymouth, Trinity School Croydon, Warwick Arts Centre and West Yorkshire Playhouse.

#### **Response from previous workshop participants:**

*\* 'Great work!'*

*\* 'A fantastic tool to extend and expand our children's learning as well as introducing them to new ideas and concepts'*

*\* 'I really like the fact we were encouraged to be aware of a space, each other and being able to multitask'*

*\* 'For a person who is not particularly involved in theatre, I felt especially confident in this environment with material that we had written ourselves'*